



## **Overview**

- A virtual program to help develop self-awareness, improve performance and fulfill potential.
- Develop the tools and insights you need to shake existing paradigms and drive your business and life success.
- Build, create and nurture effective collaboration, communication and decision-making skills, tackle challenges, and set achievable goals.
- Supported by virtual coaching, and group facilitation individuals perform a series of exercises and reflections to discover their strengths and weaknesses.
- Accelerated change in 6-weeks!





## As a result of participating in the Fearless Change Program you will:

- Eliminate limiting perceptions
- Increase confidence
- Expand your vision
- Develop trust
- Communicate effectively
- Develop active listening skills
- Improve authentic impact
- Be more influential with others

- Be perceived more positively
- Increase morale and positive environment
- Better relationships & expand your network
- Higher productivity
- Peace of mind & reduced stress
- Develop your powerbase

- Understand influence and its impact on culture
- Collaborate with influence
- Recognize the reality of your situation
- Apply strategies & daily habits to immediately boost resilience

THIS IS A LOT BUT I PROMISE YOU WILL BE ON YOUR WAY!



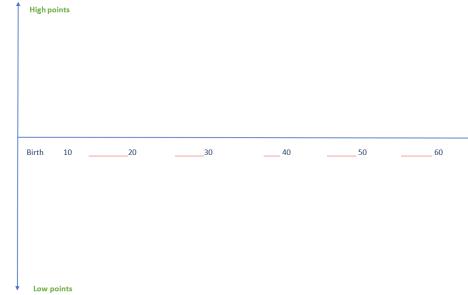
## Agenda

Week	Торіс	Format
Prior	Program Preparation – Lifeline and Biggest Current Issue	Video introduction
Week 1	Lifeline & Fearless Change	Zoom Delivery – Group session
Week 2	Inner Game: Developing Self-Awareness	Video introduction, Independent Activities, & Individual Coaching Session
Week 3	Communicating Your Needs – Simply and Powerfully & Listening to Connect	Video introduction & Independent  Activities
Week 4	Resourcefulness & Resilience	Zoom Delivery – Group session
Week 5	Influence is a Game Changer	Video introduction & Independent Activities
Week 6	Transitioning Your Career and Life	Zoom Delivery – Group session

## Lifeline Activity

At the start of the program you will have...

- an opportunity to reflect upon and plot the history of your life by identifying major high and low points
- Reflect on your life and identify stories that shaped who you are today, the values you have as a person and your motivations in learning and leading





- During your initial conversation with Jacqueline you will identify your biggest current issue and create a plan to overcome the challenge
- Through a series of questions you will identify your major hurdles and identify the ideal outcome that you will work on each week
- Keep you focused weekly on the results you desire



- Great content delivered weekly in online membership program
- Weekly coaching calls with Jacqueline
- Group support and encouragement to keep you honest
- A deeper understanding of who you are and what you can achieve
- Accelerated change process that moves you closer to your goals
- Enrollment in The Fearless Tribe and access to all contents of the program for a lifetime.

