



Jacqueline Wales

Podcast Guest & Speaker

For more than 35 years, Jacqueline Wales has explored human behavior and asked tough questions to discover hard truths. She believes in the power of fearlessness to create the career and life you want.

As a motivational speaker, professional coach, author of *The Fearless Factor* and other books, Jacqueline has helped countless people become more empowered, confident, and resilient.

Her work focuses on leaders who will dig into self-discovery, take accountability for their actions and responsibility for their decisions. She challenges herself daily to be better and challenges her clients to do the same—pushing boundaries and breaking through excuses to achieve results.

TOPICS

THRIVING THROUGH FEAR

Fear gives you an opportunity to discover something different—to learn and to grow.

STEPPING BEYOND UNCERTAINTY.

Knowing your inner dialogue, reframing a situation, and flipping the script can make the difference.

SHIFTING INTO OVERDRIVE FOR CHANGE.

Identify solutions for accelerating change and becoming more fearless?

UNLOCKING SECRETS OF FEARLESSNESS.

Knowing your inner dialogue, reframing a situation, and flipping the script can make the difference.

BUILDING TRUST IN A DISTRUSTFUL WORLD.

Trust is personal, risky and all about relationships. Discover the best ways to nurture it in yourself and your team.

SUGGESTED QUESTIONS

- **WHAT IS THE FEARLESS FACTOR?**
- **HOW DOES FEAR LIMIT OUR POTENTIAL?**
- **WHY DO PEOPLE NEED TO UNDERSTAND THEIR FEARS?**
- **WHAT ARE SOME WAYS TO COMBAT FEAR AND UNCERTAINTY?**
- **HOW CAN WE BECOME MORE FEARLESS AT WORK?**
- **WHY IS SELF-AWARENESS AND REFLECTION IMPORTANT?**
- **WHAT ARE SOME "EASY WIN" STEPS OUR LISTENERS CAN TAKE TO LIVE MORE FEARLESSLY?**
- **WHAT ARE THREE THINGS PEOPLE CAN FOCUS ON TO CHANGE THEIR BEHAVIOR OR THINKING?**
- **WHAT IS THE BIGGEST CHALLENGE COMPANIES FACE TODAY IN ENGAGING AND RETAINING EMPLOYEES?**