

From Chaos To Clarity

Redefine Your Relationship With Uncertainty

An innovative, immersive four-week program designed to help teams and individuals understand and manage anxiety, stress and fear to help you avoid burnout and loss of talent.

This is a 4-week employee group program with a minimum of four and maximum of six participants.

A 4-Week Comprehensive Online Program

Video Lectures

Group Facilitation

1:1 Support



Through this program, participants will experience:

- ✓ Enhanced productivity
- ✓ Increased confidence
- ✓ Improved relationships
- ✓ Heightened well-being

The program combines expert guidance, evidence-based techniques, and interactive exercises to equip users with skills to conquer uncertainty, cope with stress, and delve into the root causes of their fears. By mastering uncertainty, teams become stronger, more empathetic, and ultimately more effective.

My Promise:

This is a dynamic process that guarantees that if participants show up each week and are committed to improvement they will turn Chaos Into Clarity and overcome the challenges that are currently getting in the way of being at peace with self.

Meet Your Trusted Advisor

Jacqueline Wales is a renowned expert, trusted advisor, author, and TEDx speaker with 18 years of experience guiding high achievers in enhancing their self-awareness, confidence, and leadership skills. Her work, notably through "The Fearless Factor" and "The Fearless Factor at Work," has made significant impacts on leaders and teams, fostering organizational growth and personal fulfillment. Her approach is instrumental in transforming and enriching professional and personal lives.

I started **Chaos to Clarity** because for once in my life I wanted to do something for me. I wanted to know what caused my anxiety and fears and had never sat down to think about it before. Surprisingly, there was a lot more than I thought, but learning about the different ways I could cope has really helped me. I'm excited to move forward and continue to use these tools and techniques so I can be more confident and know I am enough and capable.

— Emma Roberts, Syssero



Jacqueline Wales
Unapologetically Raw & Real!



jacquelinewales.com

Start the Conversation

